

# BIG ADFC BICYCLE RALLY NRW

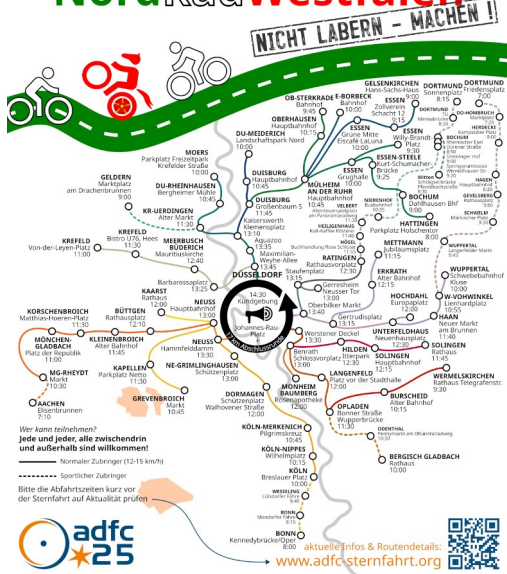
from many starting points in the region to Düsseldorf

**CYCLE ALONG!** SUNDAY, MAY 4, 2025

All meeting points and departure times: [online map](#) [route-poster](#)

Fahrrad★Sternfahrt NRW  
Sonntag, 4. Mai

NordRadWestfalen



## HIGHLIGHTS

17 km round trip through Düsseldorf via Königsallee, two bridges over the Rhine and through the Rhine bank tunnel

We are demonstrating for

- # wide cycle lanes in the city centers
- # seamless, safe cycle path connections
- # cycle highway network between cities

so that more people switch to cycling!

Our **appeal** to politicians and planners in the cities and municipalities:

**DON'T JUST TALK – ACT!**

**MORE SPEED IN THE EXPANSION OF SAFE CYCLE PATHS**

**INFORMATION IN OTHER LANGUAGES** <https://neuss.adfc.de/neuigkeit/sternfahrt-2025>

Arabic المعلومات باللغة العربية

Ukrainian Інформація українською мовою

French en français

Turkish Türkçe Bilgi

Russian Информация на русском языке

German auf Deutsch

## PRACTICAL ADVICE

- From Duisburg, Meerbusch-Büderich, Mönchengladbach, Neuss, Opladen, Wuppertal **we cycle on the road with police escort**
- on the road, please use the **right hand lane**
- speed 12-15 km/h – **also downhill** (tunnel slope, bridges)
- **keep the left hand lane free** for police motorbikes and stewards
- **children cycle to the right** of their parents / adult companions
- the police secure the crossings, we cycle on as a **closed group without stopping - even at red lights!**
- therefore please **close the gaps** to the cyclists in front of you
- participation is **free of charge** – **no** registration required
- **please bring along:** roadworthy bike, plenty of air in the tyres, drinks for on the go and lots of **sun and fun!**
- Individual return journey (e.g. arrange small groups on site)

## SCHEDULE PROGRAM IN DÜSSELDORF

2 p.m.	arrival/gathering at <b>Johannes-Rau-Platz</b> (Kniebrücke / Landtag) information stands, sales booths with drinks and snacks
2.30 p.m.	<b>stage program:</b> rally, informations, interviews, talk
3 p.m.	start of the <b>17 km round trip in Düsseldorf</b> via Kö, two Rhine bridges and through the Rhine bank tunnel
4.30 – 6 p.m	<b>end of the rally</b> , individual return journey

